



FACTS AND INFORMATION

WINTER 2023 - 2024





DINING

24-Hour Dining Experience at Regnum Carya

Regnum Carya's master chefs always serve you the best flavours of your choice with 1 buffet, 2 child-friendly buffets, 10 fine dining restaurants, 4 casual dining restaurants, 1 patisserie & chocolatier, 1 Turkish bakery & patisserie and 24-hour in-room dining service.

BUFFET DINING

Venue	Concept	Menu	Operation Hours	Location	Service Area & Details	Inclusive
Olive Restaurant	Live-action cooking stations, nightly themed buffet, wine boutique, patisserie & ice cream room, delicatessen & cheese room, bakery room, healthy & diet corner, fresh juice bar and Olive Premium full bar	Open fine buffet	Breakfast 6.00 a.m. - 11.00 a.m. Lunch 12.30 p.m. - 3.00 p.m. Dinner 6.30 p.m. - 9.30 p.m. Sunday Brunch 11.00 a.m. - 3.00 p.m.	Main building ground floor (-1)	Indoor dining area / glazed terrace & outdoor heated terrace	✓
Jr. Gourmet Restaurant	Child - friendly buffet, baby food corner & equipment, HIPP brand baby food Hipp (rabbit meat, beef and turkey meat varieties are not available in Turkey)	Open buffet	Breakfast 6.00 a.m. - 11.00 a.m. Lunch 12.30 p.m. - 3.00 p.m. Dinner 6.30 p.m. - 9.30 p.m.	Olive Restaurant	Indoor dining area	✓
Chuckles Kids Club Restaurant	Afternoon tea buffet and healthy snacks	Open buffet	Tea time 2.00 p.m. - 4.00 p.m.	Chuckles Kids Club	Indoor dining area	✓

Restaurant and bar operating hours or days may change due to adverse weather conditions, technical reasons and guest requests.



FINE DINING*

Venue	Concept	Menu	Operation Hours	Location	Service Area & Details	Inclusive
Tramonto	Modern Italian Cuisine regional Italian specialties, innovative pizza and pasta dishes	À la carte	Dinner 6.30 p.m.-10.00 p.m.	Main building Lobby floor	Indoor dining area & terrace	✓
Köz Ocakbaşı	Traditional Turkish Grill & Kebab	À la carte	Dinner 6.30 p.m.-10.00 p.m..	Main building Lobby Floor	Ocakbaşı grill counter / indoor dining area & outdoor terrace	✓
Kushimoto	Contemporary Japanese Cuisine & Sushi Bar	À la carte	Dinner 6.30 p.m.-10.00 p.m.	Main building Lobby Floor	Sushi bar counter / indoor dining area & outdoor terrace	✓
Teppanyaki	Authentic Japanese cuisine cooked fresh in front of the guests	À la carte	Dinner 6.30 p.m.-10.00 p.m.	Main building Lobby floor (in Kushimoto)	Teppanyaki counters	Extra Charge (Menu Prices)
Seahorse	Fish & seafood dishes and selection of shellfish and caviars at extra charge	À la carte	Dinner 6.30 p.m.-10.00 p.m.	Main building Lobby floor	Grill bar counter / indoor dining area & terrace	✓
Maia	Peruvian and Nikkei cuisine	À la carte	Dinner 6.30 p.m.-10.00 p.m.	Amber Lagoon	Indoor dining area & terrace	Extra Charge (Menu Prices)
Sevk-Et Steakhouse	Premium & dry aged hand cuts	À la carte	Dinner 6.30 p.m.-10.00 p.m.	Clubhouse Building 1 st floor	Indoor dining area	Extra Charge (Menu Prices)

*Reservation is required. Dress code is smart casual. No age restrictions. All À la carte restaurants are extra charge for meetings and football groups. Restaurant and bar operating hours or days may change due to adverse weather conditions, technical reasons and guest requests.



The Seahorse Seafood Bar & Grill



Köz Ocakbaşı



Tramonto



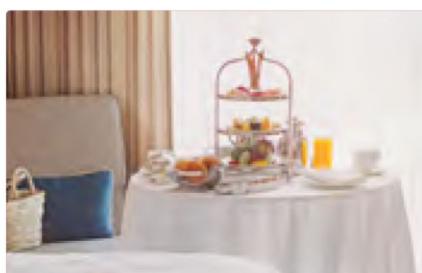
CASUAL DINING

Venue	Concept	Menu	Operation Hours	Location	Service Area & Details	Inclusive
Shamrock	Selection of international cuisine	À la carte	Lunch 12.00 p.m. - 6.30 p.m. Night Dining 9.30 p.m. - 7.00 a.m.	Main building lobby floor	Indoor dining area & outdoor terrace	✓
Clubhouse	Breakfast, selection of world cuisine	À la carte	Breakfast 08.00 a.m. - 11.00 a.m. Lunch 12.00 p.m. - 5.00 p.m.	National & Carya Golf Club	Indoor dining area & outdoor terrace	Extra Charge (Menu Prices)
Maia	Selection of international cuisine	À la carte	Breakfast 08.30 a.m. - 11.30 a.m. Lunch 12.00 p.m. - 5.00 p.m.	Amber Lagoon	Indoor dining area & outdoor terrace	Extra Charge (Menu Prices)
Nazar Bakery	Selection of bakery and Turkish Desserts, breakfast options, tea, coffee and soft drinks	Pastry display case	All Day 9.00 a.m. - 11.00 p.m.	Main building ground floor (-1)	Indoor dining area & outdoor terrace	✓
Macaroon Patisserie	Selection of French Macarons, international desserts and handmade Callebaut chocolates and Mövenpick ice cream	Pastry display case	All Day 10.00 a.m.-10.00 p.m.	Main building ground floor (-1)	Indoor dining area & outdoor terrace	✓
In Room Dining Service	Breakfast, all day dining, desserts, children's menu	À la carte	24 Hours	Phone: 888	In room dining	Extra Charge (Menu Prices)

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Nazar Bakery



In Room Dining Service



Macaroon Patisserie



BARS & LOUNGES

For you to share special moments with your favourite people or to unwind alone with a cold drink on a hot day, we offer a wide selection of bars in various locations.

- 15 different types of bars
- Fully stocked in-room bar & variety of snacks
- Welcoming with Martini Rosé® sparkling wine
- Drink service to tables and sunbeds
- Popular beverage brands
- Premium quality spirits & cordials
- Premium quality house wines
- Guinness® Draught Beer at Irish Bar
- Heartbrand® Algida ice cream in all outdoor bars (Magnum, Cornetto, Nogger, Twister flavours and more)
- 100% freshly squeezed orange juice and selection of fresh juices in all bars
- Regnum Signature roasted 100% Arabica Coffee Beans
- Exotic and premium loose-leaf teas from around the world
- Selection of Red Bull® energy drinks
- Coca Cola® Company products and Lipton Ice Teas
- San Pellegrino® mineral water & Erikli Water®

*Wall's in UK / Inmarko in Russia / Langnese in Germany



Score Sports Bar



The Shamrock Irish Bar



Sevk-Et Steakhouse Bar

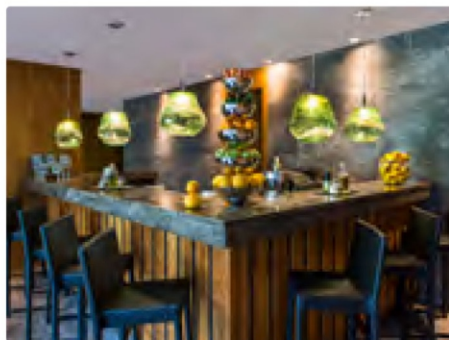
REGNUM CARYA

Venue	Concept	Menu	Operation Hours	Location	Service Area & Details	Inclusive
One Bar	Lobby Bar & Lounge	Full Bar	24 hours	Main building ground floor (-1)	Indoor lounge, outdoor heated terrace & bar counter	✓
Score Bar	Sports Bar	Full Bar	10.00 noon -12.00 midnight	Main building ground floor (-1)	Indoor lounge, outdoor heated terrace & bar counter	✓
Green Bar	Sunken Pool Bar & Lounge	Full Bar	4.00 p.m. - 12.00 midnight	Main building ground floor terrace (-1)	Sunken lounge & bar in pool	✓
Lobby Bar	Lobby Bar & Lounge	Full Bar	8.00 a.m. - 12.00 midnight	Main building lobby floor	Indoor lounge & outdoor terrace	✓
The Shamrock Bar	Irish Bar	Full Bar with Draught Guinness Beer & Dining	4.00 p.m. - 12.00 Midnight	Main building lobby floor	Indoor lounge, outdoor terrace & bar counter	✓
Zing Bar	Juice & Smoothie Bar	Juices & Smoothies, Detox water, Teas & Coffees, Soft drinks	9.00 a.m. - 8.00 p.m.	Main building in spa center	Indoor lounge & bar counter	✓
Blue Bar	Pool Bar	Full Bar	9.00 a.m. - 4.00 p.m.	Main pool	Sunbeds, seating area & bar counter	✓
Clubhouse Bar	Bar & Lounge	Full Bar & Dining	8.00 a.m. - 8.00 p.m.	National & Carya Golf Club	Indoor dining area & outdoor terrace	Extra Charge (Menu Prices)
Palm Beach Club	Beach Bar	Full Bar	9.00 am - 4.00 a.m.	Beach	Sunbeds and bar in the grass area	✓
Sevk-Et Steakhouse Bar	Lounge	Full Bar & Dining	6.30 p.m. - 11.00 p.m.	Clubhouse building 1st floor	Indoor lounge, outdoor terrace & bar counter	Extra Charge (Menu Prices)

Restaurant and bar operating hours or days may change due to adverse weather conditions, technical reasons and guest requests.



Green Bar



Zing Vitamin Bar



One Lobby Bar



HIGHLIGHTS OF LUXURY ALL INCLUSIVE BAR MENU

- 18 / 12 yrs Chivas Regal whisky
- Single Barrel Jack Daniels whiskey
- Jameson Black Barrel whiskey
- Glenfiddich single Malt whisky
- Double Black Johnnie Walker whisky
- Grey Goose vodka
- Belvedere vodka
- Beluga vodka
- Hendricks gin
- Don Julio tequila
- Bacardi rum
- Havana rum
- Aperol apéritif
- Campari bitter
- Martini vermouths
- Jägermeister liqueur
- Baileys, Drambuie, Amaretto Liqueurs
- Rémy Martin cognac vsop
- Martell cognac vsop
- Hennessy cognac vs
- Âlâ Raki, Beylerbeyi Göbek raki
- Guinness Draught at Irish Bar
- Corona beer
- Heineken beer
- Budweiser beer
- Handcrafted & international cocktails and more...

FULLY STOCKED IN ROOM BAR

- Nespresso coffee & tea set-up
- Carlsberg 330ml x 2
- White wine 187,5ml x 1
- Red wine 187,5ml x 1
- Uludağ mineral water 250ml x 2
- Coke 330ml x 2
- Coke sugar free 330ml x 2
- Fanta 330ml x 1
- Sprite 330ml x 1
- Red Bull® 250ml x 1
- Red Bull® Sugarfree 250ml x 1
- Lipton ice tea 330ml x 2
- Cappy juice 330ml x 2
- Erikli water 330ml x 4 glass bottled
- Erikli water 330ml x 2
- Erikli water 1L x 5
- Milk 200ml x 1
- Nesquik®** milk 200ml x 1
- Gold roasted peanuts
- 7 Days croissant x 2
- Milka Bonibon chocolate candies
- Chocolate bar
- Olips mint rolls
- Haribo Goldbears
- Rufles crisps
- Doritos crisps
- Wafer
- Pizza crackers
- Light Cracker

Minibar-restocked daily between 9:00 a.m. and 5:00 pm.

Due to the pandemic or customs regulations, there may be delays in the supply of domestic and imported products during certain periods. Service of imported products is subject to the supply of the official distributor.



Blue Bar

* for 7-12 years old junior guests



Sevk-Et Steakhouse Bar



Green Bar



ENTERTAINMENT & RECREATION & LEISURE

Guests at Regnum Carya can participate in a wide range of leisurely and recreational activities by day and enjoy the numerous lively events organized by night.

Entertainment Venues

Live music @ Green Bar
DJ performance @ Rogue Night Club

Spa & Wellness Center

Turkish Hammam, Sauna, jacuzzi, Body & Facial Treatment*, Beauty Center*
Fitness Center, work out private lessons*

Kids & Teens Club

Outdoor, indoor play grounds, activity rooms and cinema

Beach

Sun beds and bar services depending on weather conditions

Indoor Pools

Water gym, swimming lessons*

Gym area

Yoga, Pilates, stretching,

Golf*

Private golf lessons, day & night golf

Hiking

Located around the Carya Golf Course (4,6 km)

Tennis

4 red clay tennis courts, 2 tennis hard court, 1 paddle tennis (extra-charge), tennis racket and balls. Private tennis lessons*, court lighting*

Basketball

1 outdoor basketball court

Outdoor Activities

Archery

Fun Center*

Bowling, billiards, board games, arcade games, electronic games & PlayStation®

Local Attractions*

Please contact hotel concierge desk

The days or hours of the entertainment program may change due to adverse weather conditions, technical reasons and guest requests.

*Extra charges apply



Night Club



Private golf lesson



Game Center



GreenCell Beauty Center

GREENDOOR SPA & WELLNESS

A spa centre which thinks different and makes you feel different.

Open daily 9.00 a.m. - 8.00 p.m.

Features

- The 5,000 sq m Greendoor Spa is located on the lobby floor
- All products used at our facility are organic certified, strictly against animal testing, respectful of nature and packaged in recycled materials
- All natural products are certified by the Organic Trade Association
- All massage oils, shampoo and shower gel are ETKO Organic certified
- The all aromatic products used in our sauna and steam bath are certified organic
- Some cosmetic products are ECOCERT and BIO certified
- Pool hygiene maintained with chemical free ECA (Electro Chemical Activation) system
- Air sterilization and surface disinfection using ecological biocidal disinfectant

Facilities

- Spa Reception & information desk
- Fitness center
- Turkish hammams
- Changing rooms with lockers
- Heated indoor chlorine-free pool
- Lift for disabled pool access
- Hydrotherapy massage beds in pool
- In-ground jacuzzi (chlorine-free)
- Indoor kids pool (chlorine-free)
- Bathrobe warmer at entrance of the indoor pool
- Heated outdoor chlorine-free pool
- Sauna, steam room and ice fountain
- Zing Bar & lounge in separate area
- GreenCell Beauty Centre

Extra Charge Services

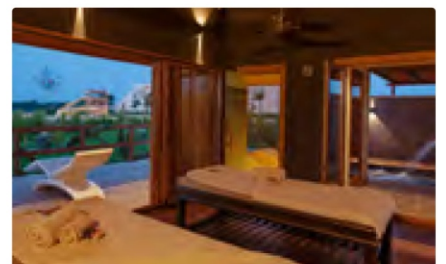
- All massage services
- All Turkish bath services
- All facial and skin care services
- SPA boutique products
- INDIBA® beauty treatments
- Facial and body treatments
- HydraFacial ve Cryotherapy
- Weshape™



Relaxing Area



Indoor Pool



Bali House



AMBER SPA & WELLNESS

A spa centre which thinks different and makes you feel different.

Open daily 9.00 a.m. - 8.00 p.m.

Features

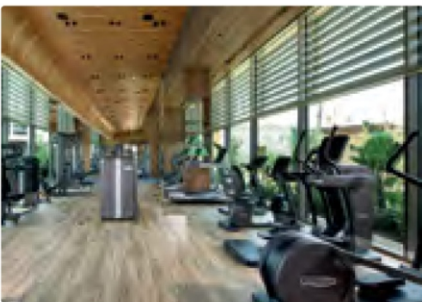
- Our 1500 square meters SPA centre is located in the Amber Lagoon area
- All products used at our facility are organic certified, strictly against animal testing, respectful of nature and packaged in recycled materials
- All natural products are certified by the Organic Trade Association
- All massage oils, shampoo and shower gel are ETKO Organic certified
- The all aromatic products used in our sauna and steam bath are certified organic
- Some cosmetic products are ECOCERT and BIO certified
- Air sterilization and surface disinfection using ecological biocidal disinfectant

Facilities

- Turkish hammams
- Changing rooms with lockers
- Outdoor Jacuzzi
- Sauna, steam room
- Spa Reception
- Outdoor vitamin bar
- Fitness area equipped with Technogym brand fitness equipment

Extra Charge Services

- All massage services
- All Turkish bath services
- All facial and skin care services
- SPA boutique products
- INDIBA® beauty treatments
- HydraFacial



Fitness area



Massage room



Turkish hammam



BEEHIVE FITNESS CLUB

The Beehive Fitness Club located on the lobby floor of the main building is equipped with the Technogym brand advanced technology fitness equipment.

Open every day between 08:00 - 20:00

Cardio

- 1 Technogym SkillMill
- 1 Technogym SkillRun
- 2 SkillRow
- 1 Climb
- 1 Vario
- 5 Treadmills
- 2 Ellipticals
- 1 Recumbent Exercise Bike

Weights

Pure Strength Series:

- 1 chest press
- 1 incline chest press
- 1 wide chest press
- 1 low row
- 1 row
- 1 pulldown
- 1 hip thrust
- 1 rear kick
- 1 linear leg press
- 1 hack squat
- 1 pure strength half rack

Selection 900 Series:

- 1 chest press
- 1 pectoral (fly)

- 1 vertical traction (lat pull-down)
- 1 reverse fly
- 1 upper back
- 1 shoulder press
- 1 abductor
- 1 adductor
- 1 leg extension
- 1 seated leg curl
- 1 leg press
- 1 rotary torso
- 1 total abdominal
- 1 kneeling easy dips chin-up
- 1 multipower
- 1 bench press
- 1 decline bench press
- 2 Scott benches
- 2 sets of 2kg -22kg dumbbells
- 1 set of 24kg -42kg dumbbells
- 1 set of 10 kg-45 kg pre- loaded bar
- 1 cable station

Functional Training Area

- Horizontal bar and trx area
- Plyoboxes
- Kettlebells (4kg-24kg)
- Medicine balls (4kg-10kg)

- Bands (various resistance)
- Balance pads
- Balance boards
- 2 Bossu balls
- Ghd bench ,
- Adjustable decline bench
- Lower back bench
- 2 Technogym benches
- Jump rope
- Foam roller
- Speed ladder

Group Fitness Studios (2 studios)

- LesMills Group Fitness Studio
- SkillBike Indoor Cycling Studio

Extra Charge Services

- Body Fat Measurement/Analysis
- Kinesis Workouts

Personal Training*

Yoga, Pilates, Boxing, Kickboxing, Weight Training, Functional Training, HIIT, LIIT, Cardio Training, Sport Specific Training (golf, tennis, football), Stretching



*Extra charges apply



